

SA SELECTORIZED SERIESH
SA009 - ABDOMINAL/BACK EXTENSION

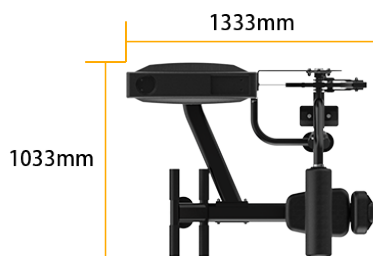
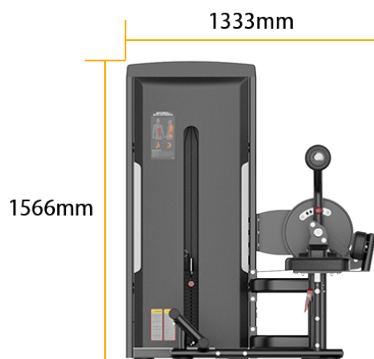
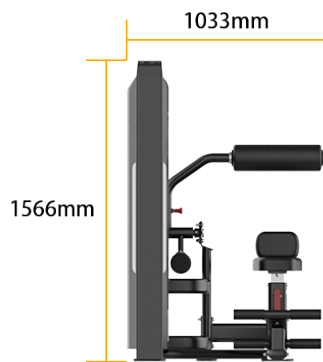
PRODUCT OVERVIEW

The professional-grade solution for core training. The 5-position adjustable movement arm enables seamless switching between crunch and back extension exercises. The innovative arc movement pattern perfectly matches spinal movement patterns, effectively reducing lower back injury risk during core training. 5-position seat adjustment and premium padding ensure comfortable extended training sessions.

SPECIFICATIONS & KEY FEATURES

Specifications

Dimension:	1033*1333*1566mm
Total Weight:	220kg
Weight Stack:	100kg
Max Weight Stack:	125kg

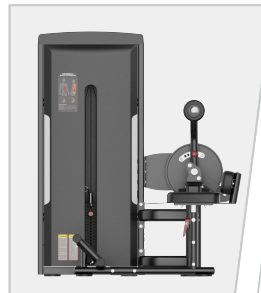


Product Features



Robust and Durable, Value-Optimized Choice

The main frame utilizes Q235A high-frequency cold-rolled steel, with 40*140mm square tubing and 50*100mm oval tubing working in harmony to ensure machine durability. Surface finishing employs electrostatic powder coating, passing over 800 hours of salt spray and impact testing. The finish is brilliantly aesthetic while the machine remains incredibly durable.



Dual-Function Training, Comprehensive Core Development

5-position movement arm adjustment enables seamless switching between crunch and back extension exercises. The innovative arc movement pattern perfectly matches spinal movement patterns, effectively reducing lower back injury risk during core training. The movement arm's foam roller features high-density padding, providing stable support without compromising comfort.



Stable Positioning for Precise Training

5-position seat adjustment perfectly accommodates users of all body types, with premium padding creating a comfortable seating experience for extended training sessions. Multiple foot platforms effectively enhance body stability during training, ensuring every bit of force precisely targets the intended muscles.



Precision Weight Stack Engineering, Professional Training Assurance

Utilizing a high-density cast iron weight stack system with specialized black textured powder coating for premium feel. Special protective coating ensures wear and corrosion resistance, providing lasting durability for professional training. The weight distribution is precisely calibrated, with maximum weight reaching 125kg, allowing you to easily find that "perfect training weight" without compromising.